

**WEEK
ONE**

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**BUTTERNUT
MAC & CHEESE**
With Crunchy
Topping

**BBQ CHICKEN
DRUMSTICK**
with Couscous
and Mint &
Yoghurt Dip

**PORK OR
CHICKEN
SAUSAGE**
Roast Potatoes
and Gravy

**CHICKEN
TIKKA
MASALA**
With 50/50
Rice

**BREADED
FISH**
with Chips &
Garden Peas

SPICE
&
RICE

**OPTION
#2**

MAC & CHEESE
with Crunchy
Topping

**FALAFEL
WRAPS**
with Couscous
and Mint &
Yoghurt Dip

**VEGAN
SAUSAGE**
With Roast
Potatoes and
Gravy

**SWEET
POTATO &
CHICKPEA
CURRY**
with 50/50
Rice

**CHEESE &
PEPPER
QUICHE**
with Chips and
Garden Peas

**ON THE
SIDE**

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

**DESSERT
OF THE
DAY**

SCHOOL CAKE

**CHOCOLATE
CRUNCH**

**STICKY TOFFEE
APPLE CRUMBLE**
With Custard

**WARMED
JAMAICAN
GINGER CAKE**
with Custard

FLAPJACK

**CHECK
OUT**

OUR HOT AND
COLD GRAB &
GO SELECTION

**MEAL DEAL
PRICE**

£2.55

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

**PLEASE SEE OUR THEME
DAYS AND SPECIAL OFFERS**

caterlink
feeding the imagination

**WEEK
TWO**

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

ECHILADAS

With Potato
Wedges



**BEEF
LASAGNE**

with Garlic Bread
and Salad



**ROAST OF
THE DAY
with all the
trimmings**

**CHICKEN
CURRY**

with 50/50
Rice and Peas



**FISH IN
BATTER**

with Chips

**OPTION
#2**

**CRUNCHY
LENTIL PASTA
BAKE**

with Roasted
Vegetables

**VEGETABLE
LASAGNE**
With Garlic
bread and salad

**LEEK, ONION &
POTATO
TRAY BAKE**

**SQUASH &
BUTTERBEAN
CURRY**

with 50/50 Rice
and Peas & Slaw



**VEGAN
BURGER**

with Chips



**ON THE
SIDE**

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

**DESSERT
OF THE
DAY**

**CHOCOLATE
SPONGE
PUDDING**
with Chocolate
Sauce

APPLE PUFF
With Cream

**PEAR & APPLE
CRUMBLE**
With Custard



VANILLA SPONGE

**OATY
FLAPJACK**



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**WEEK
THREE**

MENU KEY



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PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**SPAGHETTI
BOLOGNESE**



YAMAS!

**CHICKEN
SOUVLAKI**
with Golden
Rice or
Seasoned
Potatoes

**ROAST OF
THE DAY**
New Potatoes
& Gravy

**CHICKEN
KATSU
CURRY**
served with 50/50
Rice



**CHIP SHOP
FISH**
with Chips, Mushy
Peas and Gravy/
Curry Sauce

**OPTION
#2**

**SPAGHETTI
& PLANT
BASED
MEATBALLS**



**SPINACH &
CHEESE
WHIRL**
Golden Rice or
Seasoned
Potatoes

**LENTIL
WELLINGTON**
with New
Potatoes &
Gravy



**SWEET
POTATO
CHICKPEA
CURRY**
Served with
50/50 Rice



**VEGAN
SAUSAGE**
Chips, Mushy
Peas
& Gravy/
Curry Sauce

**ON THE
SIDE**

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

Vegetables of
the Day

**DESSERT
OF THE
DAY**

FRUIT MUFFIN

**CHOCOLATE
COOKIE**



**SUMMER
FRUIT
CRUMBLE**
Served with
Custard

PEACH CAKE
with Custard

**CHOCOLATE
CRUNCH**

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