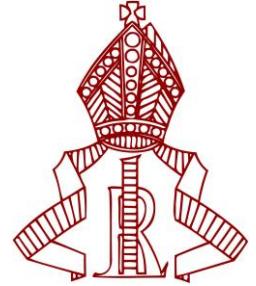
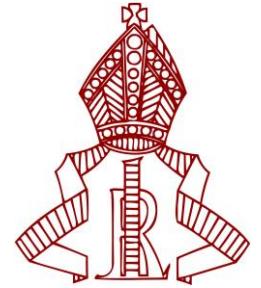


Welcome!





Who is definitely going?

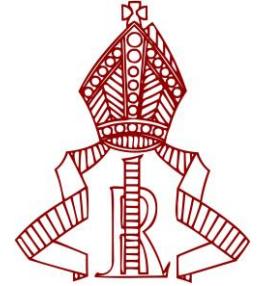
- Mr Allman
- Mr Goldsmith
- Mr Gorst
- Mr King
- Mrs Pilgrim
- Mrs Weller

Key dates

- ASAP – passport details
- 13th May 2026 – final balance due
- 20th May 2026 – we have to pay for the flights!
- Late June – final meeting (the finer details of what to bring)...
- 7th July – bags brought into school, weighed (17kg), packed, locked up



Finalised(ish) travel details



OUTBOUND

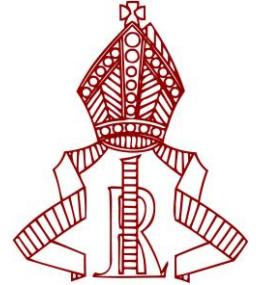
8th July

06:00 – coach to Gatwick
10:50 – TK 1982 to Istanbul
16:50 – arrive in Istanbul
18:50 – TK 603 to Dar Es Salaam

9th July

02:30 – arrive in Dar Es Salaam
16:00 – TC 106 to Mbeya
17:30 – arrive in Mbeya





INBOUND

18th July

18:10 – TC 107 to Dar Es Salaam
19:40 – arrive in Dar Es Salaam



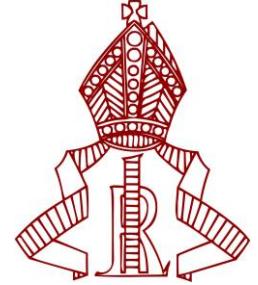
19th July

Kipepeo Beach

20th July

06:40 – TK 526 to Istanbul
14:20 – arrive in Istanbul
20:25 – TK 1929 to Gatwick
22:25 – arrive in Gatwick

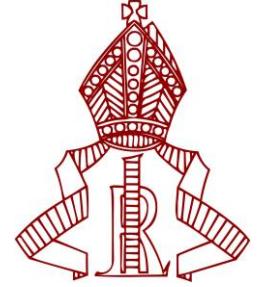
Travel in Tanzania



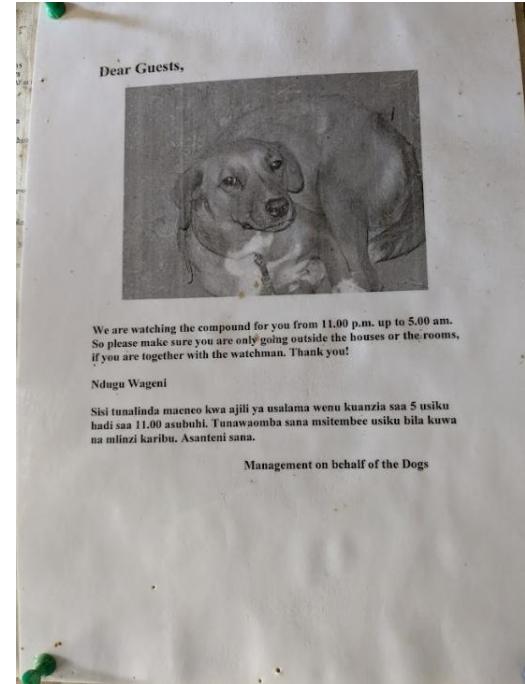
- In Dar Es Salaam – with our approved bus driver
- In Mbeya – with the Grassroots team



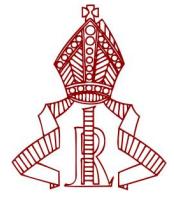
Accommodation in Tanzania



- Kipepeo
- Karibuni Centre – tents and rooms
- Discount for tents (boys get no choice!)

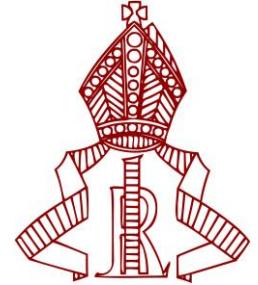


What do we do?



		Grassroots- Bishop Luffa trip to Mbeya Tanzania July 2025										
Date		Team A	Team B	Team C	other		Team A	Team B	Team C	extra		
Sunday 6 th		Arrive Mbeya ISONGWE AIRPORT 17:15 Evening meal										
Monday 7 th	Start a little later- Grassroots centre 10:30 <ul style="list-style-type: none"> Meet the local team 10:30-11:45- sign code of conduct Bed making- check area for bed making- buy wood_ Check areas which need painting and buy paint. 					Lunch @ 1pm	<ul style="list-style-type: none"> Tanzanian shirt challenge- market- (Only Tanzania fabric to be bought) Measuring for garments 			Bed making Mountain view		
Tuesday 8 th	9:30 QT with Richard	Bed making	Chickens	Zoo (from <u>Karibuni</u> 8:30)	*How to make the porridge		Pig delivery	Bed making	Painting	Mountain view		
Wednesday 9 th	9:30 QT with Richard	Zoo (from <u>Karibuni</u> 8:30am)	Bed making	Chickens	*Evaluating Grassroots against UN sustainable goals (done during secondary feeding programme) *How to make the porridge		Painting	HIV – egg distribution	Bed making	Mountain view		
Thursday 10 th	9:30 QT with Richard	Visit a secondary school and experience a lesson. 2 groups.			milk a cow		Bed making	Painting	Pig delivery			
Friday 11 th	9:30 QT with Richard	Chickens	Zoo (from <u>Karibuni</u> 8:30)	Bed making	Younger children feeding programme airport		HIV egg distribution	Pig delivery	Bed making Alt gift	Market visit		
Saturday 12 th	9:30 QT with Richard	<ul style="list-style-type: none"> Distribution of sanitary products Help prepare food for feeding programme Help at feeding programme Bed making 					How to Drum like a Tanzanian (looking at possibility) How to Dance Tanzanian style Bed delivery					
Sunday 13 th		10:00 church					Bed delivery Possible shirt delivery					
Monday 14 th		Take down tents & pack					Leave for Airport 2:30pm flight 18:00 Arrive Dar 19:15 Coach to beech arrive approx. 21:00					

What is the latest situation in Tanzania?



Tanzania

FCDO advises against all but essential travel to any area within 20km of the Tanzanian border with the Cabo Delgado province of Mozambique, due to attacks by groups linked with Islamic extremism.

Dress code

Dress modestly throughout Tanzania. Women wearing shorts or sleeveless tops away from tourist resorts in Zanzibar and Pemba, particularly in Stone Town, may cause offence to the local population.

LGBT+ travellers

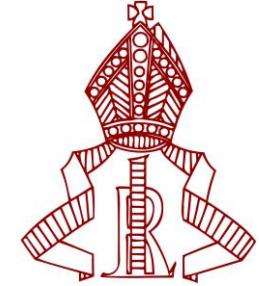
Same-sex sexual activity is illegal in Tanzania, including Zanzibar. Same-sex relationships are not tolerated in Tanzania's conservative society. If you show affection in public, like holding hands or kissing in public places, you could be arrested or put in prison.

Social media

It is illegal to take or share photographs and video footage of protests and violence. Keep away from activities that could be considered political, including political discussions in public places or online. There is a risk you could be detained for social media activities including posting comments, blogging or sharing photographs or video footage relating to protests or the current political situation.

Electronic Devices

Tanzanian security services may request to check your phone and other electronic devices for content related to the events around elections, and to review participation in online groups perceived to have incited violence. The police have said that it is an offence to hold or share videos or images that 'cause panic or degrade a person's dignity'.



Most travellers

The vaccines in this section are recommended for most travellers visiting this country. Information on these vaccines can be found by clicking on the blue arrow. Vaccines are listed alphabetically.

[Hepatitis A](#) ▾

[Tetanus](#) ▾

[Typhoid](#) ▾

Some travellers

The vaccines in this section are recommended for some travellers visiting this country. Information on when these vaccines should be considered can be found by clicking on the arrow. Vaccines are listed alphabetically.

[Chikungunya](#) ▾

[Cholera](#) ▾

[Dengue](#) ▾

[Hepatitis B](#) ▾

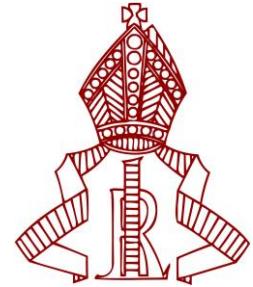
[Meningococcal disease](#) ▾

[Polio](#) ▾

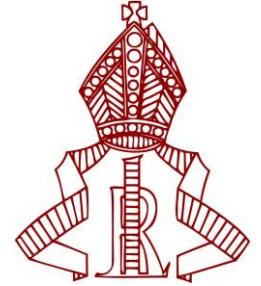
[Rabies](#) ▾

[Tuberculosis](#) ▾

[Yellow fever](#) ▾



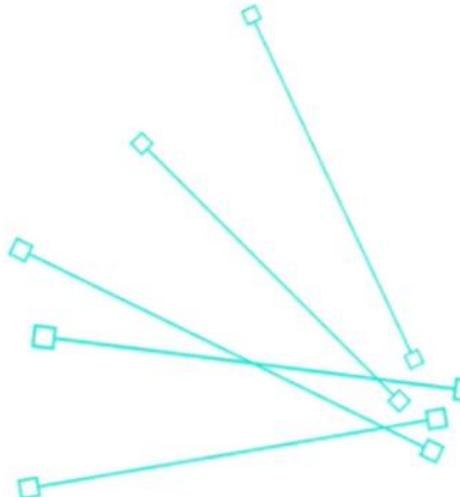
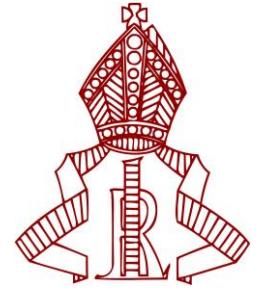
Whilst we're there...



- Updates on Instagram
- School assembly
- Trip phone
- Excellent 5G signal*

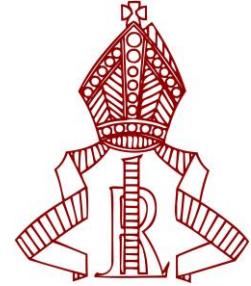


Language Transfer – The Thinking Method

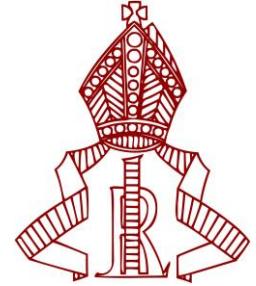


COMPLETE SWAHILI
AUTUMN 2016

Fundraising – what can I do to raise money?



Questions?



allmank@bishopluffa.org.uk

Slides will be on the school website asap!