

Bishop Luffa

Church of England

School

Y12 Parents' & Carers' Induction Evening
Thursday 23 September 2021





'New' A-levels

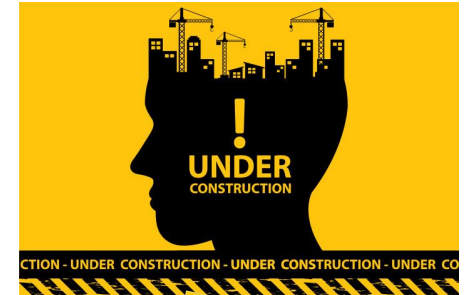
- Full two-year linear course (with 2-3 exams at end of Y13 only)
- Coursework (NEA) heavily reduced
- Greater breadth and content
- No AS-levels* to 'test the water'

**Possibility of one-year AS-level (with 2 exams at end of Y12) if student deemed to be struggling (decision made in February 2022)*

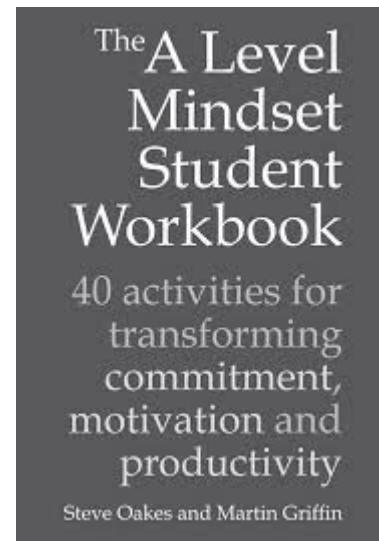
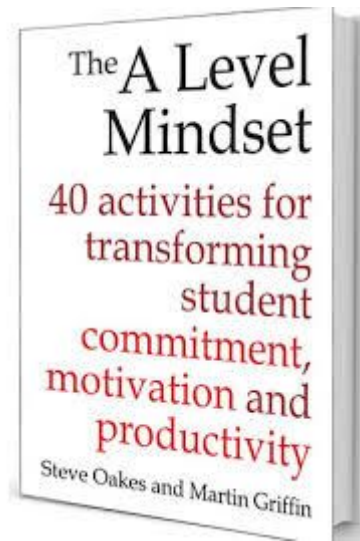


'New' Personal Challenges

- Greater freedom/independence
- Part-time employment
- Learning to drive
- Developing social life
- New relationships and experiences
- Brain still maturing



A-level Mindset: VESPA



Based on the work of Dweck (Growth Mindset), Clough (Mental toughness) and Duckworth (Grit): a set of activities designed to help students develop the characteristics, behaviours and habits necessary to succeed at A-level (and beyond)



VESPA

Vision

Effort

Systems

Practice

Attitude

V x E x S x P x A



VESPA

- **Vision:** having a plan
(university/apprenticeship/career?)



Higher Education

- Begin thinking now- advantages of linking the purpose behind the A-level journey (their 'vision')
- Prospectuses in the Sixth Form Library
- Uni Fair (Nov.) & Open Days (summer term)
- Personal statement/ UCAS reference

www.unistats.com

www.ucas.ac.uk



Top Destinations

	Bishop Luffa School	West Sussex	National Average
Top third of UK universities & other higher education institutions by average UCAS tariff score of entrants across their 3 A Levels	40%	16%	18%
Of which Russell Group	24%	8%	12%
Of which Oxford or Cambridge	4%	1%	1%



University Application Support

- Unifrog account
- Sixth Form Google Site
- Open Day visits in Y12
- Oxbridge workshops
- Personal Statement workshops + surgeries
- Medicine workshops
- St John's College Roadshow
- Mock interviews
- Liaison with Admissions Tutors



unifrog



Target Setting & ALPS



- A-level benchmark setting system
- Used by thousands of schools and colleges in the UK
- Makes baseline predictions on A-level performance based on GCSE data
- Strength is that it uses historic data so is very accurate in the outcomes achieved by students with certain GCSE profiles
- Targets are aspirational- top 25% of similar schools
- All students will be given ALPS grades and target grades in the next few weeks



Careers Support

- Careers Co-ordinator: Angie Hopp
(hoppa@bishopluffa.org.uk)
- Careers Advisor Interviews
- Non-uni pathways
- Apprenticeship Application Workshops





Bishop Luffa Sixth Form

'Intelligence plus character'

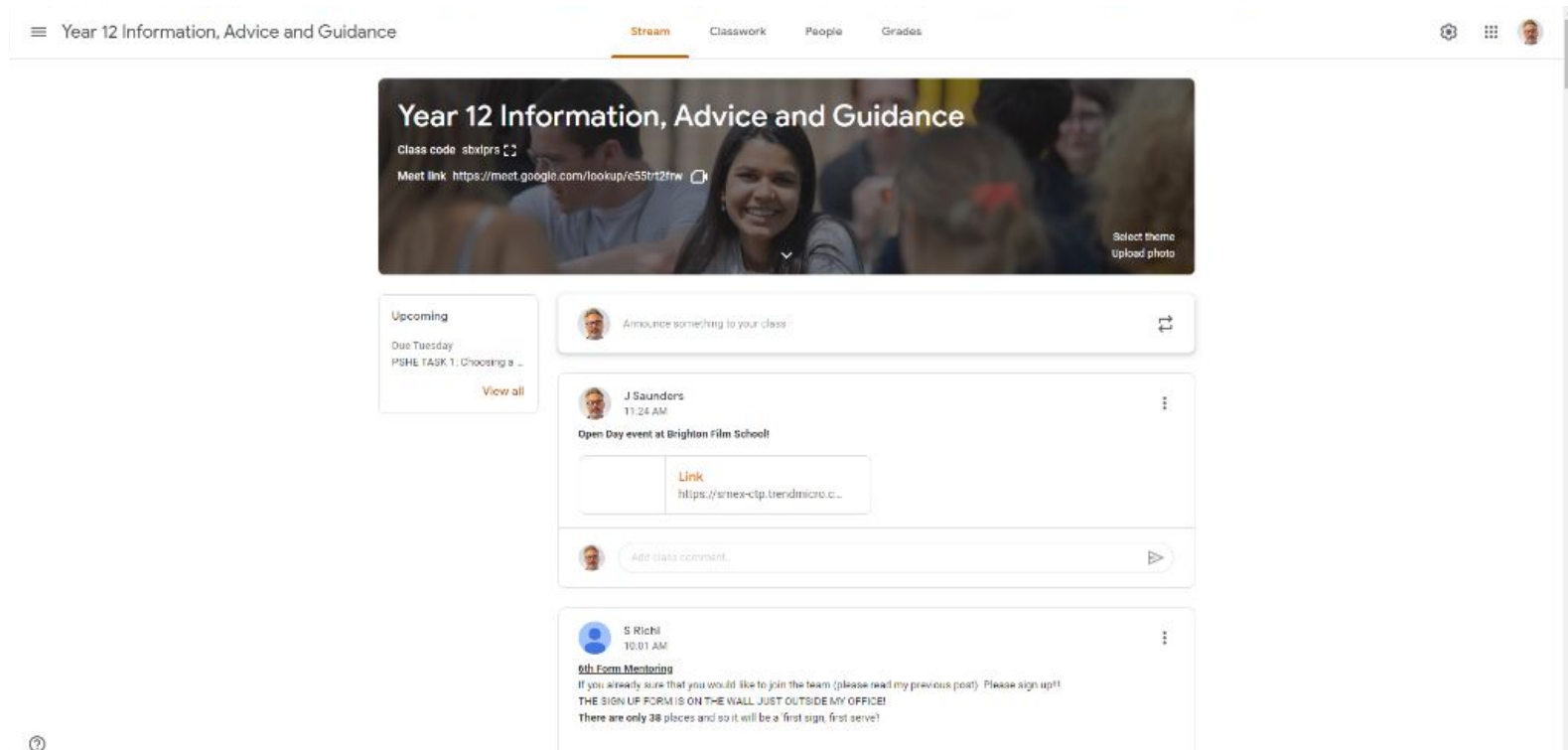
Welcome to the Bishop Luffa Sixth Form Google site. We hope that it will provide you with all the help, information advice and guidance you need during your A-level studies. Do let a member of the Sixth Form Team know if you would like to see any new pages or material on the site. Remember: 'Impossible is Nothing!'



<https://sites.google.com/bishopluffa.org.uk/bishopluffasixthform/home>



Year 12 IAG Google Classroom



<https://classroom.google.com/c/MTYzOTE4NDg2Nzly>

VESPA

- **Vision:** having a plan
(university/apprenticeship/career?)
- **Effort:** putting the hours in (20/week in Y12)



The low effort student



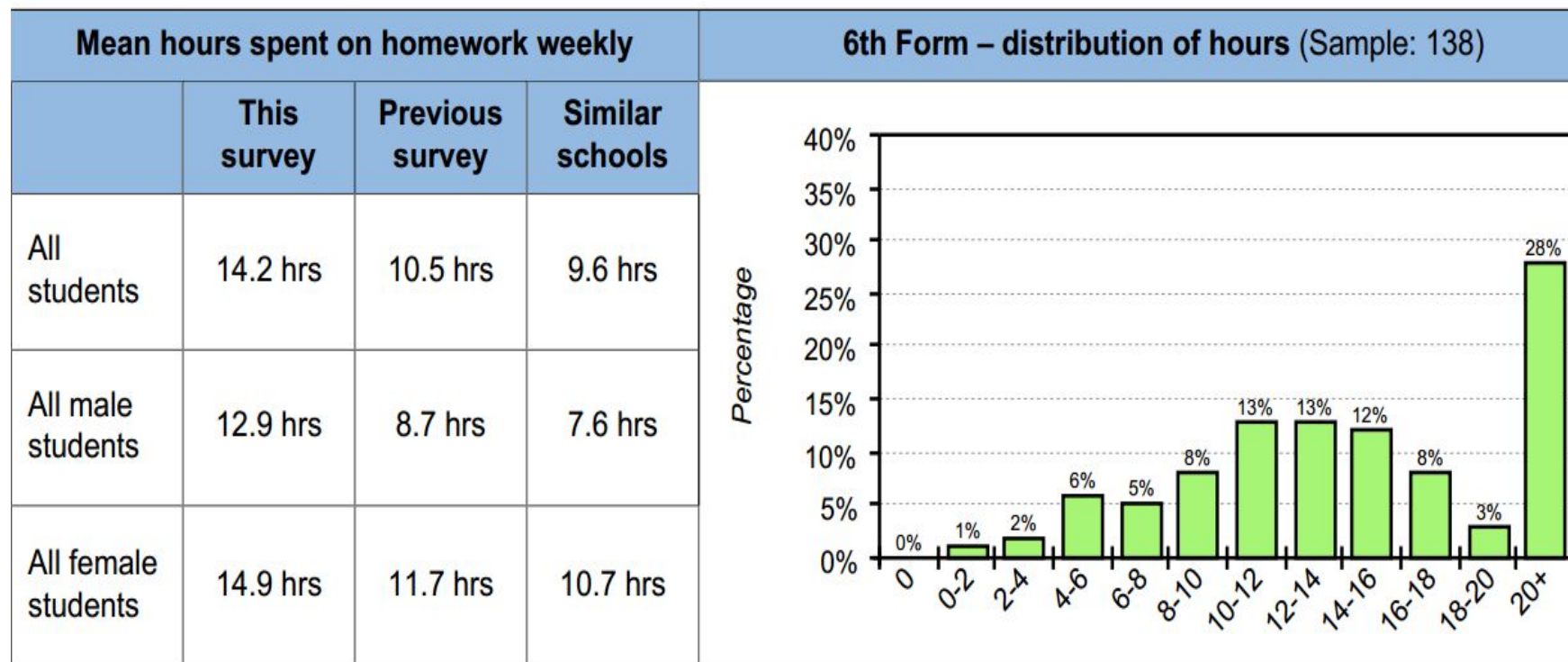
Characterised by satisfaction, contentment and short-termism – oblivious to levels of hard work put in by others





Kirkland Rowell

Homework hours for 6th Form



Getting into Good Habits

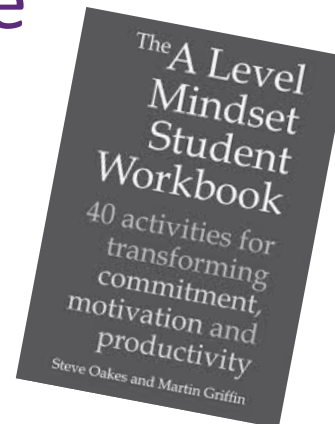
- Maintaining 100% attendance (+ punctuality)
- Using study periods productively
- Working hard at home
- Attending tutor time*
- Coming to assemblies (Mon B2)
- Undertaking the PHSE programme (Tutor Time & Mon B2)

**Y12: 8.05am Mon A/B, Thurs A/B, Weds B*



Importance of Tutor Time

- Student monitoring and academic mentoring
- Information (deadlines etc.)
- VESPA Activities
- 'NetSixthForm' Videos
- Study Skills
- PSE programme
- UCAS/Careers guidance



Contacts

Sixth Form Tutor Team:

12An: Mr Barnett (barnettj@bishopluffa.org.uk)

12Bu: Mr King (kingg@bishopluffa.org.uk)

12Ki: Mr Pilgrim (pilgrimd@bishopluffa.org.uk)

12Ot: Ms Marchant (marchantt@bishopluffa.org.uk)

& Ms Witherow (witherowm@bishopluffa.org.uk)

12Ri: Mrs Williams (williamsh@bishopluffa.org.uk)

12Sh: Miss Lawlor (lawlorj@bishopluffa.org.uk)

12St: Mr Collins (collinss@bishopluffa.org.uk)

12Wi: Ms Blyskal (blyskali@bishopluffa.org.uk)



Assemblies/PHSE

Year 12 (Mon B2):

- teaching & learning focus
- study skills
- careers/next steps guidance
- external speakers



Notifying us of Absence

- Phone student reception (absence line 832681)
- Notification of authorised absence (green form): signed by all teachers and passed to tutor
- Atypical requests to Head of Sixth Form
- Detailed attendance data recorded on Classcharts



VESPA

- **Vision:** having a plan
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- **Effort:** putting the hours in (20/week in Y12)
- **Systems:** being organised (will notes be understood in 2 years time?)

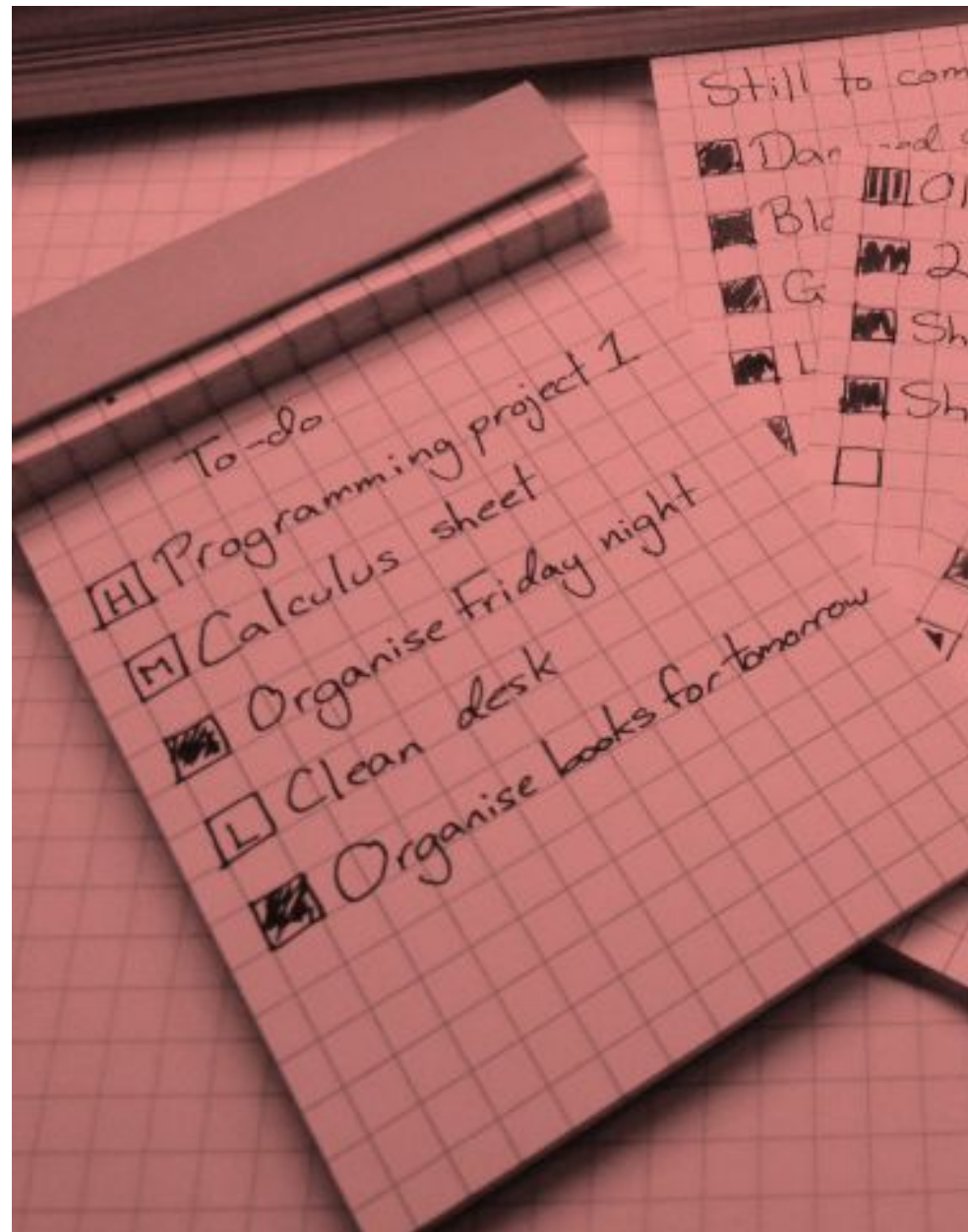


The low systems student



Characterised by a scaling-up of old systems that now can't cope, missing deadlines because the work has been forgotten, poor sleep and late waking, chaotic bags and folders, often high-stress





- To-do
- ☐ H Programming project 1
 - ☐ M Calculus sheet
 - ☒ Organise Friday night
 - ☐ L Clean desk
 - ☒ Organise books for tomorrow

- Still to come
- ☒ Dan - and a
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 - ☒ G ☒ 2
 - ☒ L ☒ She
 - ☒ ☒ She
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	Mon	Tues	Wed	Thur	Fri	Sat	Sun
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8-10am							
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10-12							
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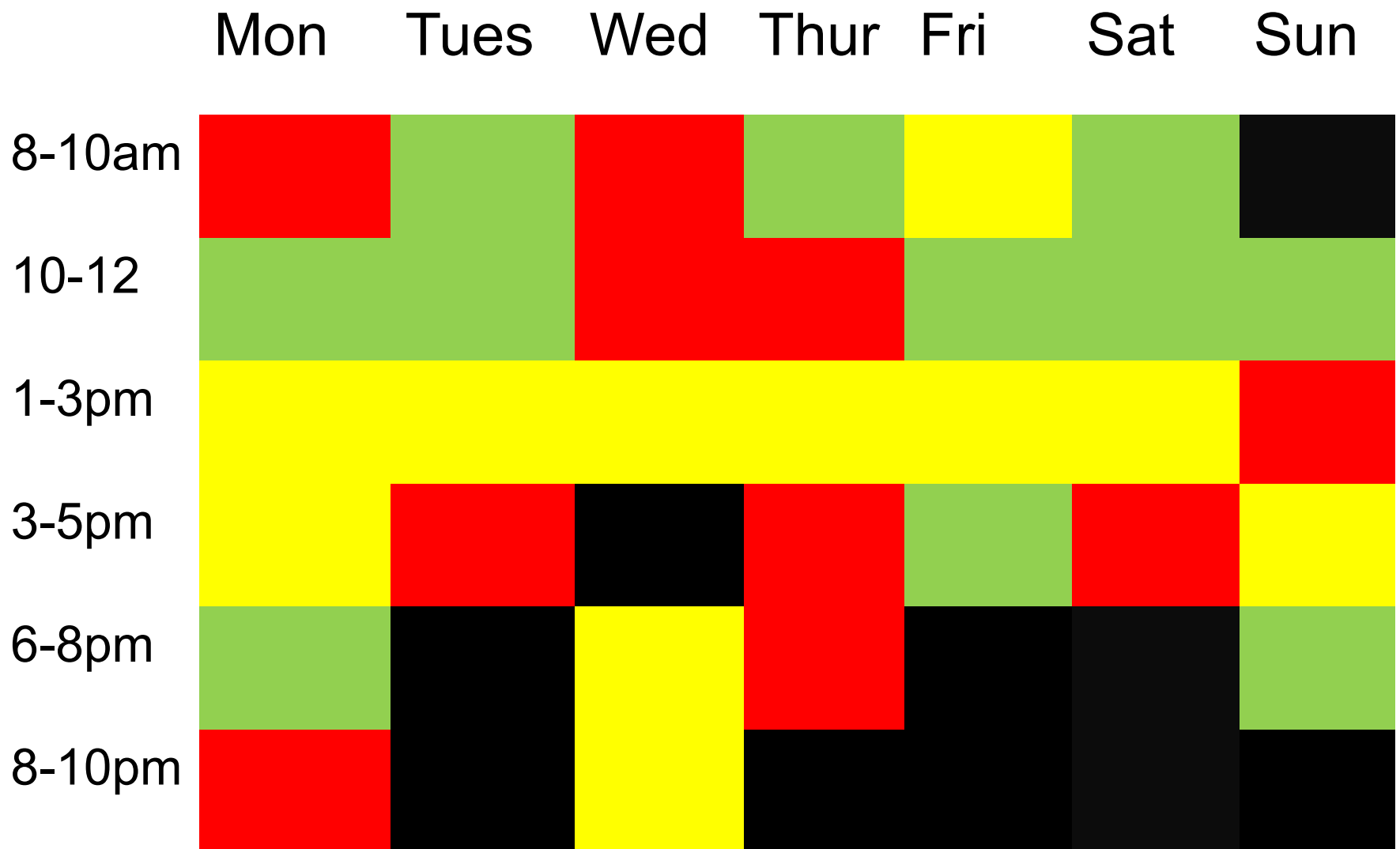
1-3pm							
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3-5pm							
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6-8pm							
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8-10pm							
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Study Periods

- Students have 12-16 study periods every two weeks
- Sixth Form Library
- Collaborative working in Aquarium & Sixth Form café
- 'Free' Wi-Fi in Sixth Form Centre (for laptops/tablets)



Working at Home

- For every hour of lessons at least one hour of private study (20 hours per week in Y12 is recommended)
- Using student planner to help organise workload and meet deadlines
- Importance of wider reading
- Checking e-mails/Google Classroom(s) etc.
- Keeping part-time jobs to a minimum (<12hrs/week)



VESPA

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- **Practice:** not just knowledge but higher order skills



'Intelligence plus Character'



Fluid intelligence is reached around this age, which means 17/18-year-olds have an improved ability to cope with new challenges and new situations.



'Intelligence plus Character'



Feedback means giving students an explanation of what they are doing correctly AND incorrectly. It is most productive to a student's learning when they are provided with an explanation as to what is accurate and inaccurate about their work.



Listening to the collective student voice means that we listen to and respond to what really matters to students & teachers.



“While many 17-year-olds are looking forward to A Levels, others are terrified about entering the adult world. ”

Adaptive Teaching



Adaptive Teaching is steered by collecting information from our students so that we can conduct timely, focused interventions over their 2 year journey. We aim to teach the student, not the class!!!

'Intelligence plus Character'



Special Educational Needs
& Disabilities



Students thrive best with Inquiry-based learning; it helps them make their own connections about what they learn. Their curiosity helps them engage and gain a deeper understanding of topics and content.



'Intelligence plus Character'



To boost innovative learning experience in educational settings, all stakeholders have their roles to play. The stakeholders here refers to the teachers, the school management, the parents, and the students themselves.

Our vision:
Innovative Teaching & Learning experiences
@ A-Level for all!

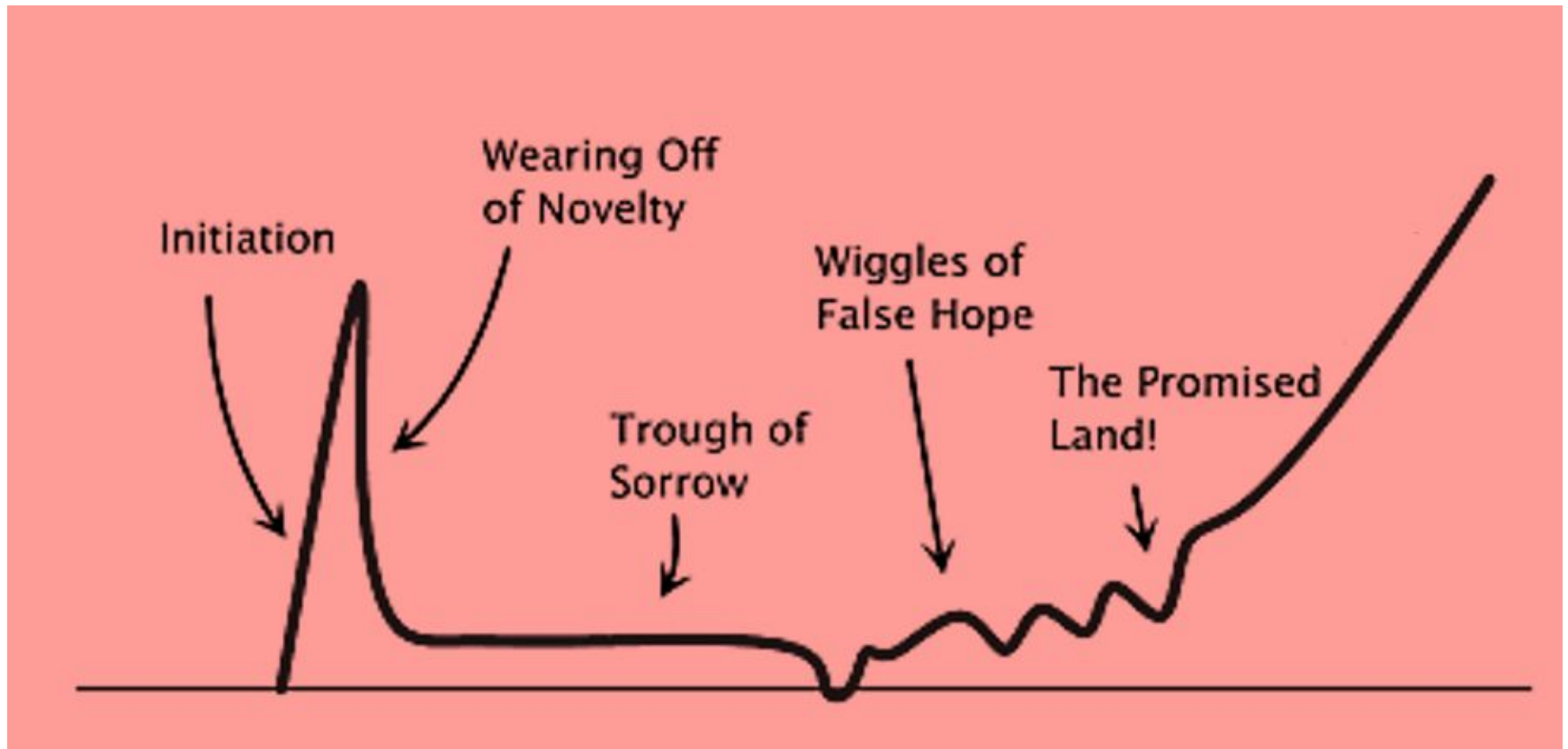


VESPA

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- **Practice:** not just knowledge but higher order skills
- **Attitude:** building resilience/buoyancy (learning through failure)



Year 12?



Pastoral Support in Sixth Form



How we support your child

Whilst your child is in the sixth form their teachers, tutors and sixth form team work together to ensure they receive the correct support to enable them to progress both academically and personally.

Confidence



Self-esteem

We aim to develop

Independence



Resilience

Resulting in a positive, happy experience in sixth form



Pastoral Support in Sixth Form



What happens when things don't go plan!



We recognise that A-levels are demanding and understand the pressures on students to balance their study workload, homelife and social life.
There will be times when they may struggle!

Who can they talk to?

- Alongside their tutor, we have a designated Pastoral Manager available to support students' wellbeing during their time in the sixth form.
- Mrs Jones works with students, teachers and parents to ensure students receive the relevant support throughout their time in the sixth form

Every student should feel safe and supported

Pastoral Support in Sixth Form



About Sarah Jones – Sixth Form Pastoral Manager

- ✓ Non teaching member of staff – therefore available throughout the day for students, 8.00am – 2.30pm Monday to Friday
- ✓ No appointment needed! – students are able to “drop in” to see Mrs Jones if they are struggling and need to talk
- ✓ Has a range of support contacts to “signpost” students to external agencies for specific support if required
- ✓ Is able to refer students to our school counsellor for a number of sessions, should they feel they would benefit from specialist support within school
- ✓ Will work alongside students to encourage them to try and sort their issues out independently – enable them to “take control” of their wellbeing, and make decisions about which intervention is appropriate for their individual needs
- ✓ Based in a quiet, confidential location in the Sixth Form providing a “safe space” for students to discuss any worries or concerns
- ✓ Has been in the role for over 5 years, is a mum who’s children have been through sixth form at Bishop Luffa, so understands the be ups and downs of sixth form life!

How to contact Mrs Jones

Telephone: 01243 832780 Email: joness@bishopluffa.org.uk

Pastoral Support in Sixth Form



Finally.....

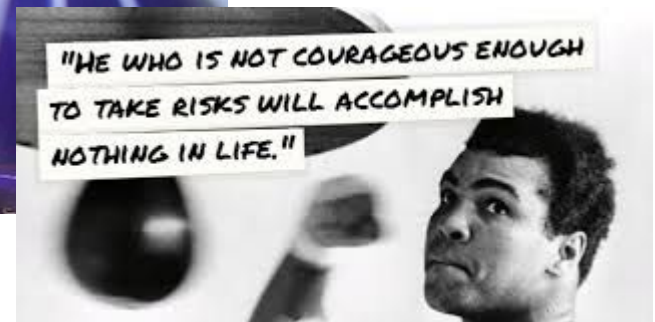
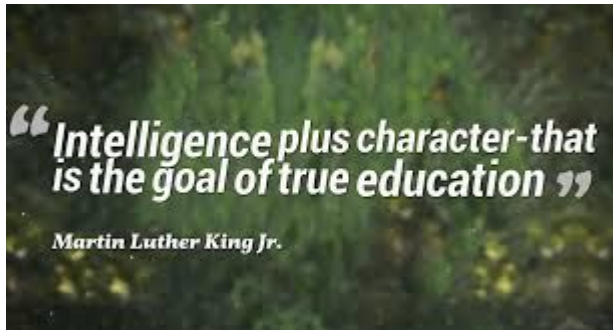
A list of resources and contact details are available to support students on pages 6-8 of the sixth form planner

Example.....

Service-Overview	Contact
Altogether Youth Project A safe space for LGBT+ and young people in Chichester to meet in a comfortable and confidential setting and access support.	https://www.altogetheryouth.org.uk/en/contacts email: youth@altogetheryouth.org.uk
Alumina Alumina is a free, online, 2-week course for young people struggling with self-harm. Courses are run in the evenings by friendly, trained counsellors and youth workers.	https://www.selfharm.co.uk/
Anxiety UK Support with anxiety, stress, anxiety-based depression and phobia. They offer a range of services and resources to help you manage and cope with day-to-day life.	https://www.anxietyuk.org.uk/ Helpline: 03444 775 774 Text: 07537 426926
Shop Luffa School Counsellor A safe and confidential place within the school environment to talk. Sessions will take place within school either weekly or	See Mrs Jones in the Sixth Form
Samaritans A safe place for you to talk, available 24 hours a day, 365 days a year.	https://www.samaritans.org/ Tel: 116 1234
Sussex Mental Healthline A telephone service offering support and information to anyone experiencing mental health problems including stress, anxiety and depression.	https://www.sussexpartnership.nhs.uk/sussex-mental-healthline/ Tel: 0800 0309 500
The Information Shop Free and confidential information, advice, support and counselling to any young person. Offering emotional support if you are feeling down or worried, angry or anxious.	http://chi-infoshop.org.uk/ email: admin@chiinfo.org.uk Tel: 01243 839093
Time to talk (18 & over) Talking therapies run by Sussex Community NHS Foundation Trust to help with anxiety and depression.	https://www.sussexcommunity.nhs.uk/services/ Tel: 01273 265967

There is no need for them to struggle alone!!!!

Developing 'character'



Soft Skills

- The Sixth Form experience isn't just about A-levels
- Developing a range of personal skills is important for University, Careers, later life



Top 'Soft' Skills for Success

The top six attributes now wanted by employers and universities are:

- Love for lifelong learning
- Ability to work in a team/collaborate
- Resilience
- Being ethical/aware of moral considerations
- Volunteering (being active in the community)
- Ability to communicate with non-specialists



Opportunities in the Sixth Form

Charity Work:

The Fashion Show*

Non-Uniform Days

Charity Week

Volunteering

*Nov 2021



Save the Children

**CHRISTMAS
JUMPER DAY**



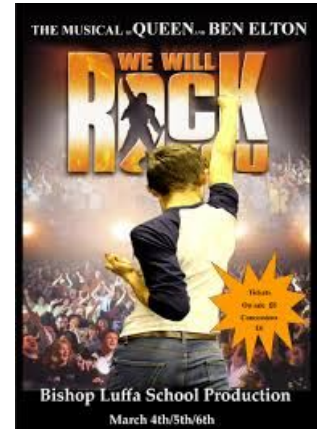
Helping to lead the school community

- Sixth Form Committee (Y13)
- Mentoring younger pupils
- Assisting the Head of House
- House Drama Festival
- House & School Captains
- Open Evenings & Y6 Visit
- Sports Day



Other Activities on Offer*

- Young Enterprise
- Bar Mock Trial
- Debating team
- Duke of Edinburgh (Gold)
- Work Experience (July)
- Whole School Play/Musical
- Music groups & concerts
- Sports teams (Interhouse etc.)
- Subject trips & conferences



VESPA

Vision

Effort

Systems

Practice

Attitude

V x E x S x P x A



A-level Mindset Behaviours

	4	3	2	1
Vision	You have a clear vision of the outcomes you want to achieve. You are very purposeful. You regularly plan and take specific actions to turn your goals into reality.	You have a vision of the outcomes you want to achieve. You are usually purposeful. You take actions to help turn your goals into reality.	You have a limited vision of what you want to achieve. You can lack purpose. You find it difficult to take action towards any goals you might have.	You appear to have no vision of what you want to achieve. You lack purpose. You seem to have no clear goals.
Effort	You have developed a habit of working very hard. You are proactive with independent study and put in at least the recommended number of hours per week.	You generally work hard but this is not always consistent. You can be proactive with independent study and usually put in the recommended number of hours per week.	You do some work outside of lessons but this tends to be only reactive (i.e. what your teacher(s) insists that you do).	You do little or no work outside of lessons.
Systems	You are well-organised. You have built highly effective systems to manage your studies. You are punctual and always prepared. You never miss a deadline.	You are organised and use some effective systems to help manage your studies. You are usually punctual and prepared. You meet deadlines.	You can be organised but are yet to develop effective systems to manage your studies. You can be late and unprepared for lessons. You can miss deadlines.	Your lack of organisation means that you are unable to effectively manage your studies. You are often late for lessons and unprepared. You rarely meet deadlines.
Practice	You review content thoroughly to ensure understanding. You regularly practise the skills you need to master in high stakes contexts. You seek expert, detailed feedback.	You review most course content to aid your understanding. You often practise the skills you need to master but tend to avoid more challenging contexts. You seek feedback.	You review some course content to help you understand it. You sometimes practise the skills you need to learn. You rarely seek feedback.	You rarely review course content. You rarely practise the skills you need to learn. You never seek feedback.
Attitude	You are a buoyant and resilient learner. You are enthusiastic, focused and keen to get involved in lessons. Possessing grit and stamina, you persevere with your goals despite setbacks.	You are a good learner who can be positive, involved and focused in lessons. Having some grit and stamina, you usually persevere with your goals despite setbacks.	You are sometimes involved in your learning. You can lack enthusiasm and focus in lessons. You can give up when things get difficult.	You rarely show any enthusiasm and lack focus in lessons. You give up easily when you find things difficult.

Reporting to Parents

Don't forget
Parents'
Evening!

- Progress Grades (17th Nov)

(projected grade, target grade and VESPA)

- Year 12 PCE- 2nd December (4pm-7pm)

- Full written report (23rd March)

(projected grade, exam grade, target grade, VESPA scores and teacher comments)

- Progress Grades (15th July)

(exam grade, projected grade, target grade, VESPA scores and tutor comment)



When we'll contact you

- Tutor to contact home if two consecutive sessions missed
- Teachers to contact home if concerns over attendance, deadlines, wellbeing etc.
- Meeting with Head of Sixth Form (and placing on Monitoring report) if tutor time, assemblies, PSE, lessons continue to be missed or concerns over academic progress or wellbeing



Contacts

KS5 Administrator:

Mrs Batty (battyk@bishopluffa.org.uk)

KS5 Learning Support Co-ordinator:

Mrs Haplik (hapliks@bishopluffa.org.uk)

Sixth Form Pastoral Manager:

Mrs Jones (joness@bishopluffa.org.uk)

Deputy Head of Sixth Form:

Mrs Richi (richis@bishopluffa.org.uk)

Assistant Headteacher/Head of Sixth Form:

Mr Saunders (saundersj@bishopluffa.org.uk)



16-19 Bursary

- 2 types of bursary:
 - Vulnerable (up to £1200): in care, care leavers, in receipt of Income Support, DLA etc.
 - Discretionary (financial support for transport, meals, books etc.): students facing financial barriers who need help to stay in education

Letter/forms/information available from Sixth Form Office



Sixth Form website

