



Year 7 Dance Curriculum Map

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| Overview | Key Stage 3 Dance is currently taught in the PE department. In Year 7, Dance is part of a rotation of four activities and is taught as one block of approximately 8 lessons. When taking part in Dance lessons Year 7 students will be introduced to basic Dance skills and techniques followed by an exploration of a range of dance styles from the last century. |
| Year 7 | Timing within the school year is dependent upon the KS3 PE rotation |
| Topic | Introduction to dance skills and techniques / The Evolution of Dance |
| Knowledge | Basic dance actions, motif development exploration of Action, Space, Dynamics and Relationships and styles of dance. |
| Skills | Creating motifs and dances using basic actions and ASDR. Performing dances in a range of different styles. |