

The crest of Bishop Luffa School is a heraldic shield. At the top is a cross. The shield is divided into four quarters by a cross. The quarters contain various symbols, including a book and a chalice. The shield is surrounded by a decorative border.

Bishop Luffa

Church of England

School

**Year 12 Parents & Carers' Induction
Evening**

Thursday 14th September 2023







'New' A-levels

- Full two-year linear course (with 2-3 exams at end of Y13 only)
- Coursework (NEA) heavily reduced
- Greater breadth and content
- No AS-levels* to 'test the water'

**Possibility of one-year AS-level (with 2 exams at end of Y12) if student deemed to be struggling (decision made in February 2024)*



Nearly 100,000 fewer top A-levels this year in grading plan, research suggests

Tens of thousands of students face likely drop in As and A*s as ministers aim to return results in England to pre-pandemic levels



📷 This year has seen a return to exams after teacher assessments were used instead in 2021 as a result of the Covid pandemic. Photograph: David Davies/PA

Tens of thousands of A-level students face disappointment on results day next week, amid warnings that nearly 100,000 fewer As and A*s could be awarded as the government seeks to return grades to pre-pandemic levels.

≡ **Mirror**



Exams were cancelled during the pandemic and replaced with teacher assessed grades (📷 Image: Getty Images/iStockphoto)

NEWS

POLITICS

FOOTBALL

CELEBS

TV

CHOICE

ROYALS

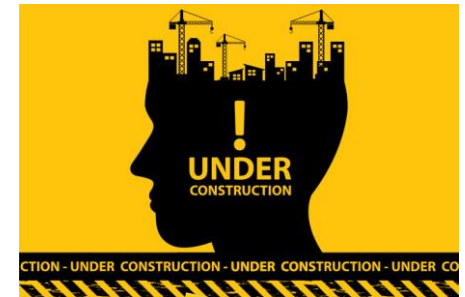
GCSEs and A-levels 'back to normal' next year - without Covid catch-up aids

GCSE pupils have been allowed extra support for their formal exams in some subjects for the past two years following the massive disruption to their education during the Covid pandemic



'New' Personal Challenges

- Greater freedom/independence
- Part-time employment
- Learning to drive
- Developing social life
- New relationships and experiences
- Brain still maturing

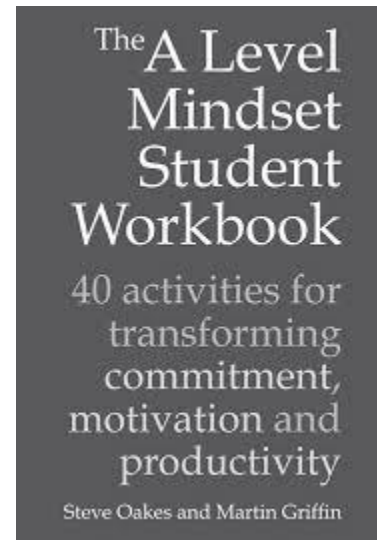
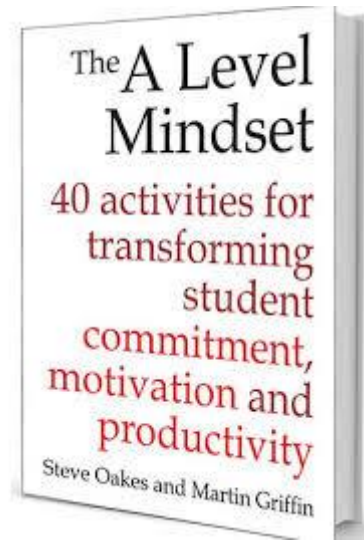


Parents: Independence & Communication

<https://www.netsixthform.co.uk/resources/view/video-for-parents-independence-and-communication>



A-level Mindset: VESPA



Based on the work of Dweck (Growth Mindset), Clough (Mental toughness) and Duckworth (Grit): a set of activities designed to help students develop the characteristics, behaviours and habits necessary to succeed at A-level (and beyond)



VESPA

Vision

Effort

Systems

Practice

Attitude

V x E x S x P x A



VESPA

- **Vision:** having a plan
(university/apprenticeship/career?)



Higher Education

- Begin thinking now- advantages of linking the purpose behind the A-level journey (their 'vision')
- Prospectuses in the Sixth Form Library
- Uni Fair (Nov.) & Open Days (summer term)
- Personal statement/ UCAS reference

www.unistats.com

www.ucas.ac.uk



University Application Support

- Unifrog account
- Sixth Form Google Site
- PSHE sessions
- Open Day visits in Y12
- Personal Statement workshops + surgeries
- Medicine/Oxbridge workshops
- Mock interviews
- Liaison with Admissions Tutors



unifrog



Top Destinations

	Bishop Luffa School	West Sussex	National Average
Top third of UK universities & other higher education institutions by average UCAS tariff score of entrants across their 3 A Levels	40%	16%	18%
Of which Russell Group	24%	8%	12%
Of which Oxford or Cambridge	4%	1%	1%



Target Setting & ALPS



- A-level benchmark setting system
- Used by thousands of schools and colleges in the UK
- Makes baseline predictions on A-level performance based on GCSE data
- Strength is that it uses historic data so is very accurate in the outcomes achieved by students with certain GCSE profiles
- Targets are aspirational- top 25% of similar schools
- All students will be given ALPS grades and target grades in the next few weeks

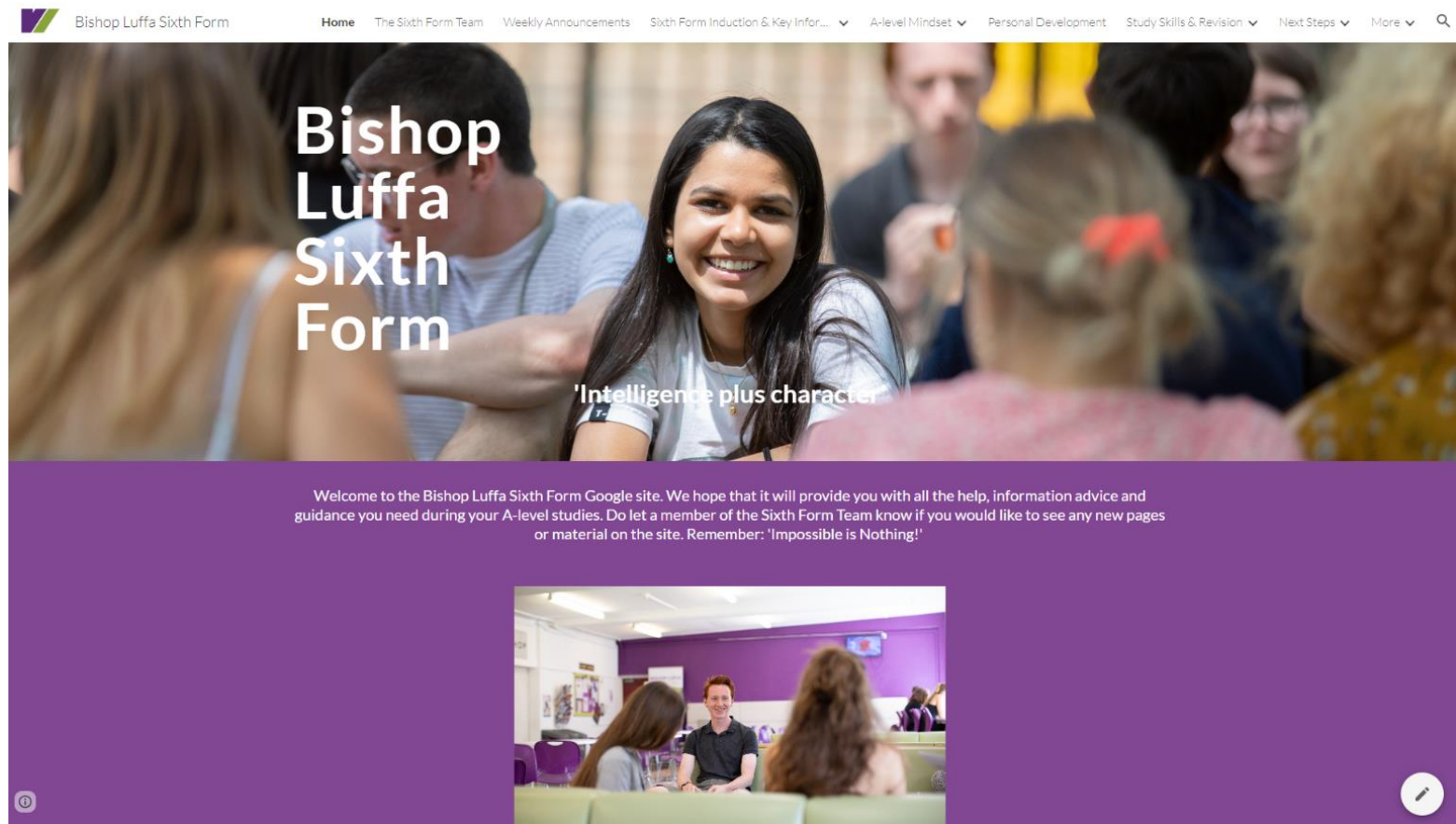


Careers Support

- Careers Co-ordinator: Angie Hopp
(hoppa@bishopluffa.org.uk)
- Careers Advisor Interviews
- Non-uni pathways
- Apprenticeship Application Workshops



Google Site



<https://sites.google.com/bishopluffa.org.uk/bishopluffasixthform/home>



Year 12 IAG Google Classroom

The screenshot shows the Google Classroom interface for the 'Year 12 Information, Advice and Guidance' class. At the top, the navigation bar includes 'Stream', 'Classwork', 'People', and 'Grades'. The main header area displays the class name, the code 'sbxlprr', and a Meet link. Below this, the 'Upcoming' section lists a task due on Tuesday. The 'Stream' section shows a post from J Saunders about an Open Day event at Brighton Film School, including a link to a video. Below the stream is a comment input field. At the bottom, a post from S Richi mentions a 6th Form Mentoring sign-up form.

Year 12 Information, Advice and Guidance

Class code: sbxlprr

Meet link: <https://meet.google.com/lookup/c55trt2frw>

Select theme
Upload photo

Upcoming

Due Tuesday
PSHE TASK 1: Choosing a ...

View all

Announce something to your class

J Saunders
11:24 AM

Open Day event at Brighton Film School!

Link
<https://smex-clip.trendmicro.co.uk/>

Add class comment...

S Richi
10:01 AM

6th Form Mentoring

If you already sure that you would like to join the team (please read my previous post) Please sign up!!
THE SIGN UP FORM IS ON THE WALL JUST OUTSIDE MY OFFICE!
There are only 38 places and so it will be a first sign, first serve!

sbxlprr



VESPA

- **Vision:** having a plan
(university/apprenticeship/career?)
- **Effort:** putting the hours in (20/week in Y12)



The low effort student



Characterised by satisfaction, contentment and short-termism – oblivious to levels of hard work put in by others





Kirkland Rowell

Homework hours for 6th Form

Mean hours spent on homework weekly				6th Form – distribution of hours (Sample: 138)																											
	This survey	Previous survey	Similar schools																												
All students	14.2 hrs	10.5 hrs	9.6 hrs	<table><caption>6th Form – distribution of hours (Sample: 138)</caption><tr><th>Hours Range</th><th>Percentage</th></tr><tr><td>0</td><td>0%</td></tr><tr><td>0-2</td><td>1%</td></tr><tr><td>2-4</td><td>2%</td></tr><tr><td>4-6</td><td>6%</td></tr><tr><td>6-8</td><td>5%</td></tr><tr><td>8-10</td><td>8%</td></tr><tr><td>10-12</td><td>13%</td></tr><tr><td>12-14</td><td>13%</td></tr><tr><td>14-16</td><td>12%</td></tr><tr><td>16-18</td><td>8%</td></tr><tr><td>18-20</td><td>3%</td></tr><tr><td>20+</td><td>28%</td></tr></table>		Hours Range	Percentage	0	0%	0-2	1%	2-4	2%	4-6	6%	6-8	5%	8-10	8%	10-12	13%	12-14	13%	14-16	12%	16-18	8%	18-20	3%	20+	28%
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14-16	12%																														
16-18	8%																														
18-20	3%																														
20+	28%																														
All male students	12.9 hrs	8.7 hrs	7.6 hrs																												
All female students	14.9 hrs	11.7 hrs	10.7 hrs																												



Getting into Good Habits

- Maintaining 100% attendance (+ punctuality)
- Using study periods productively
- Working hard at home
- Attending tutor time*
- Undertaking the PSHE & Personal Development programme (Thurs A1 & B1)

**Y12: 8.05am Mon A/B, Thurs A/B, Weds B*



Notifying us of Absence

- Phone/e-mail absence line
(832681/absence@bishopluffa.org.uk)
- Notification of authorised absence (green form): signed by all teachers and passed to tutor
- Atypical requests to Tutor/Head of Sixth Form
- Detailed attendance data recorded on Arbor



Arbor

The Arbor App allows you to:

- Monitor attendance
- View your young person's timetable
- Access weekly reports
- Load cash to Cashless catering
- Make purchases from the 'shop'
- Request that details we hold about you are changed

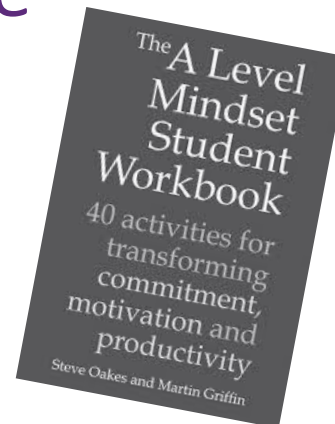


Full details available here:

<https://www.bishopluffa.org.uk/parents-and-carers/monitoring-systems-and-it-resources/arbor-parent-portal-and-app/>

Importance of Tutor Time

- Student monitoring and academic mentoring
- Information (deadlines etc.)
- VESPA Activities
- 'NetSixthForm' Videos
- Study Skills
- PSHE programme
- UCAS/Careers guidance



Contacts

Year 12 Tutor Team:

12An: Mrs Williams (williamsd@bishopluffa.org.uk)

12Bu: Mrs Massey (masseyh@bishopluffa.org.uk)

12Ki: Mr Cooke (cookes@bishopluffa.org.uk)

12Ot: Ms Witherow (witherowm@bishopluffa.org.uk)

12Ri: Mr Gilliland (gillilandr@bishopluffa.org.uk)

12Sh: Mr Owen (owenp@bishopluffa.org.uk)

12St: Ms Husband (husbande@bishopluffa.org.uk)

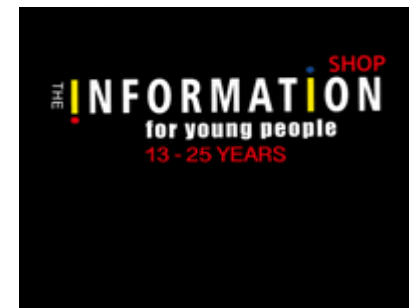
12Wi: Mrs Ockwell (ockwellh@bishopluffa.org.uk)



PSHE & Personal Development

Year 12 (Thurs A1 & B1):

- Visiting speakers



VESPA

- **Vision:** having a plan
(university/apprenticeship/career?)
- **Effort:** putting the hours in (20/week in Y12)
- **Systems:** being organised (will notes be understood in 2 years time?)

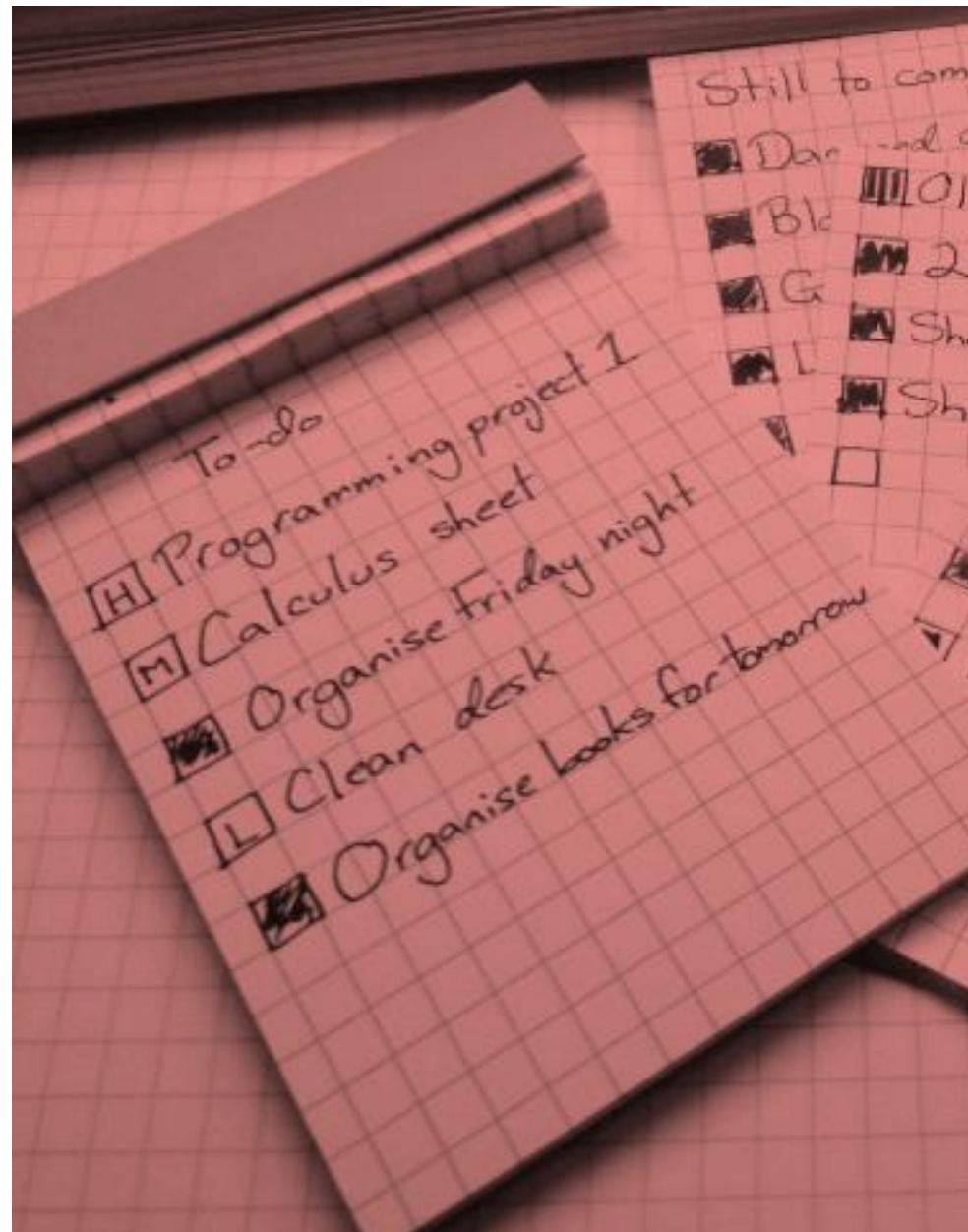


The low systems student



Characterised by a scaling-up of old systems that now can't cope, missing deadlines because the work has been forgotten, poor sleep and late waking, chaotic bags and folders, often high-stress





Three Types of Attention

(Alcott)

Proactive attention	Active attention	Inactive attention
“fully focused, fired up, feeling fresh”	“plugged in, ticking along nicely”	“flagging” “fried” “foggy”



	Mon	Tues	Wed	Thur	Fri	Sat	Sun
8-10am							
10-12							
1-3pm							
3-5pm							
6-8pm							
8-10pm							



	Mon	Tues	Wed	Thur	Fri	Sat	Sun
8-10am							
10-12							
1-3pm							
3-5pm							
6-8pm							
8-10pm							



Study Periods

- Students have 12-19 study periods every two weeks
- Sixth Form Library (7.30am-5pm)
- Collaborative working in Aquarium & Sixth Form café & Walkthrough
- 'Free' Wi-Fi in Sixth Form Centre (for laptops/tablets)



Working at Home

- For every hour of lessons at least one hour of private study (20 hours per week in Y12 is recommended)
- Using a planner to help organise workload and meet deadlines
- Checking e-mails/Google Classroom(s) etc.
- Keeping part-time jobs to a minimum (<12hrs/week)



VESPA

- **Vision:** having a plan
(university/apprenticeship/career?)
- **Effort:** putting the hours in (20/week in Y12)
- **Systems:** being organised (will notes be understood in 2 years time?)
- **Practice:** assessment and feedback is key



Practice

- Importance of low stakes and high stakes assessments*
- Seeking detailed feedback, using exemplars
- Specifications, mark schemes, examiners reports vital
- Not as much about knowledge/understanding but higher order skills (application/analysis/evaluation etc.)

* *used to inform UCAS predicted grades*



Access Arrangements

Exam Access Arrangements (EAAs) are the reasonable adjustments that can be made for an exam candidate and might include things like extra time to complete an exam paper, permission to use assistive technology, or provision of rest breaks



SIXTH FORM BRIDGES THE GAP



School

Fixed rigid timetable
No free periods
Tutor contact heavy



Sixth Form / College

Freer timetable
More independence
Less tutor contact



University

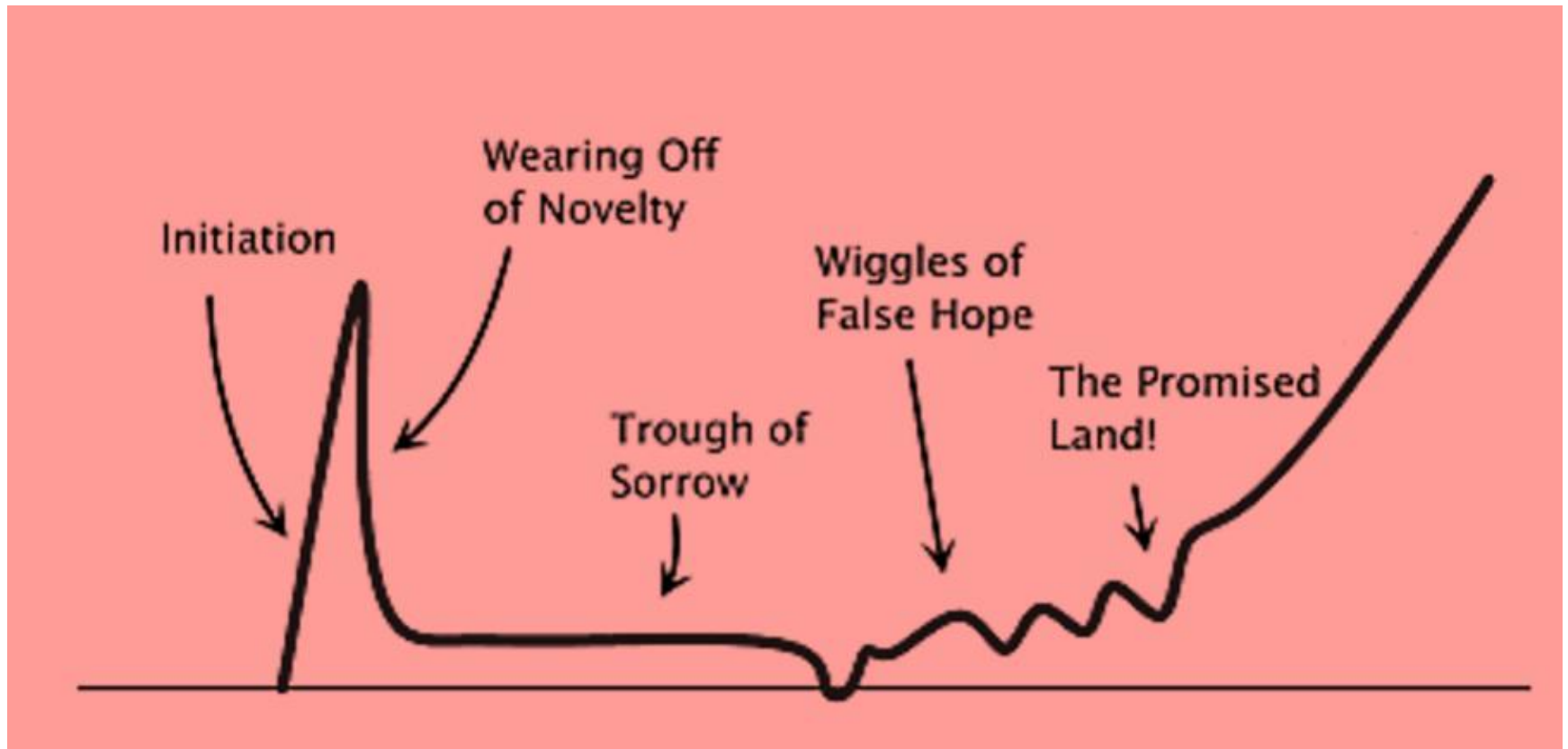
Minimal scheduled classes &
tutor contact
Study independently

VESPA

- **Vision:** having a plan (university/apprenticeship/career?)
- **Effort:** putting the hours in (20/week in Y12)
- **Systems:** being organised (will notes be understood in 2 years time?)
- **Practice:** not just knowledge but higher order skills
- **Attitude:** building resilience/buoyancy (learning through failure)



Year 12?



Pastoral Support in Sixth Form



What happens when things don't go plan!



We recognise that A-levels are demanding and understand the pressures on students to balance their study workload, homelife and social life.
There will be times when they may struggle!

Who can they talk to?

- Alongside their tutor, we have a designated Pastoral Manager available to support students' wellbeing during their time in the sixth form.
- Mrs Jones works with students, teachers and parents to ensure students receive the relevant support throughout their time in the sixth form

Every student should feel safe and supported

Pastoral Support in Sixth Form



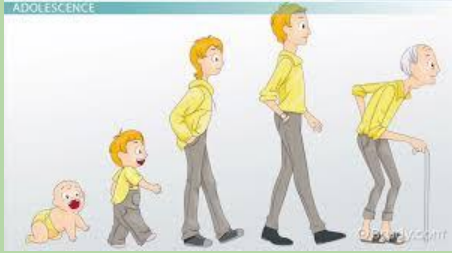
About Sarah Jones – Sixth Form Pastoral Manager

- ✓ Non teaching member of staff – therefore available throughout the day for students, 8.00am – 2.30pm Monday to Friday
- ✓ No appointment needed! – students are able to “drop in” to see Mrs Jones if they are struggling and need to talk
- ✓ Has a range of support contacts to “signpost” students to external agencies for specific support if required
- ✓ Is able to refer students to our school counsellor for a number of sessions, should they feel they would benefit from specialist support within school
- ✓ Will work alongside students to encourage them to try and sort their issues out independently – enable them to “take control” of their wellbeing, and make decisions about which intervention is appropriate for their individual needs
- ✓ Based in a quiet, confidential location in the Sixth Form providing a “safe space” for students to discuss any worries or concerns
- ✓ Has been in the role for over 5 years, is a mum who’s children have been through sixth form at Bishop Luffa, so understands the be ups and downs of sixth form life!

How to contact Mrs Jones

Telephone: 01243 832780 Email: joness@bishopluffa.org.uk

'Intelligence plus Character'



Opportunities offered and encouraged for **PERSONAL GROWTH** here at Bishop Luffa Sixth Form

We want our students to experience Bishop Luffa Sixth Form in all its fullness.

**Because by 'getting stuck in' and involved as much as possible,
in and out of the classroom,
Our students are likely to discover and connect with
The Best Version Of Themselves.**



TRANSFERABLE SKILLS



Critical Thinking



Effective Reading



Note Taking



Feedback &
Reflection



Goal Setting &
Motivation



Self-Management
& Work Habits



Creativity



Time
Management



Interpersonal &
Communication



Leadership



Teamwork



Mindfulness &
Stress
Management

VESPA

Vision

Effort

Systems

Practice

Attitude

V x E x S x P x A



A-level Mindset Behaviours

	4	3	2	1
Vision	You have a clear vision of the outcomes you want to achieve. You are very purposeful. You regularly plan and take specific actions to turn your goals into reality.	You have a vision of the outcomes you want to achieve. You are usually purposeful. You take actions to help turn your goals into reality.	You have a limited vision of what you want to achieve. You can lack purpose. You find it difficult to take action towards any goals you might have.	You appear to have no vision of what you want to achieve. You lack purpose. You seem to have no clear goals.
Effort	You have developed a habit of working very hard. You are proactive with independent study and put in at least the recommended number of hours per week.	You generally work hard but this is not always consistent. You can be proactive with independent study and usually put in the recommended number of hours per week.	You do some work outside of lessons but this tends to be only reactive (i.e. what your teacher(s) insists that you do).	You do little or no work outside of lessons.
Systems	You are well-organised. You have built highly effective systems to manage your studies. You are punctual and always prepared. You never miss a deadline.	You are organised and use some effective systems to help manage your studies. You are usually punctual and prepared. You meet deadlines.	You can be organised but are yet to develop effective systems to manage your studies. You can be late and unprepared for lessons. You can miss deadlines.	Your lack of organisation means that you are unable to effectively manage your studies. You are often late for lessons and unprepared. You rarely meet deadlines.
Practice	You review content thoroughly to ensure understanding. You regularly practise the skills you need to master in high stakes contexts. You seek expert, detailed feedback.	You review most course content to aid your understanding. You often practise the skills you need to master but tend to avoid more challenging contexts. You seek feedback.	You review some course content to help you understand it. You sometimes practise the skills you need to learn. You rarely seek feedback.	You rarely review course content. You rarely practise the skills you need to learn. You never seek feedback.
Attitude	You are a buoyant and resilient learner. You are enthusiastic, focused and keen to get involved in lessons. Possessing grit and stamina, you persevere with your goals despite setbacks.	You are a good learner who can be positive, involved and focused in lessons. Having some grit and stamina, you usually persevere with your goals despite setbacks.	You are sometimes involved in your learning. You can lack enthusiasm and focus in lessons. You can give up when things get difficult.	You rarely show any enthusiasm and lack focus in lessons. You give up easily when you find things difficult.

Reporting to Parents

Don't forget
Parents'
Evening!

- Progress Grades (15th Nov)
(projected grade, target grade and VESPA,
- Year 12 PCE- 30th November (4pm-7pm)
- Full written report (20th March)
(projected grade, exam grade, target grade, VESPA scores and teacher comments)
- Progress Grades (12th July)
(exam grade, projected grade, target grade, VESPA scores and tutor comment)



When we'll contact you

- Tutor to contact home if sessions missed
 - Teachers to contact home if concerns over attendance, deadlines, wellbeing etc.
 - Meeting with tutor/teacher(s) if concerns persist over academic progress or wellbeing.
- Intervention action planning



Possible Interventions

- Careers Advisor interview
- Study periods allocated to library
- 'Action Your Potential' 1:1 online coaching
- SEN support/assessment(s)
- Regular appointments with Pastoral Manager
- Increased teacher monitoring and feedback
- AS entry at end of Year 12
- Adaptations to study programme



Contacts

KS5 Administrator:

Mrs Grove (groveg@bishopluffa.org.uk)

KS5 Learning Support Co-ordinator:

Mrs Haplik (hapliks@bishopluffa.org.uk)

Sixth Form Pastoral Manager:

Mrs Jones (joness@bishopluffa.org.uk)

Deputy Head of Sixth Form:

Mrs Richi (richis@bishopluffa.org.uk)

Assistant Headteacher/Head of Sixth Form:

Mr Saunders (saundersj@bishopluffa.org.uk)



16-19 Bursary

- 2 types of bursary:
 - Vulnerable (up to £1200): in care, care leavers, in receipt of Income Support, DLA etc.
 - Discretionary (financial support for transport, meals, books etc.): students facing financial barriers who need help to stay in education

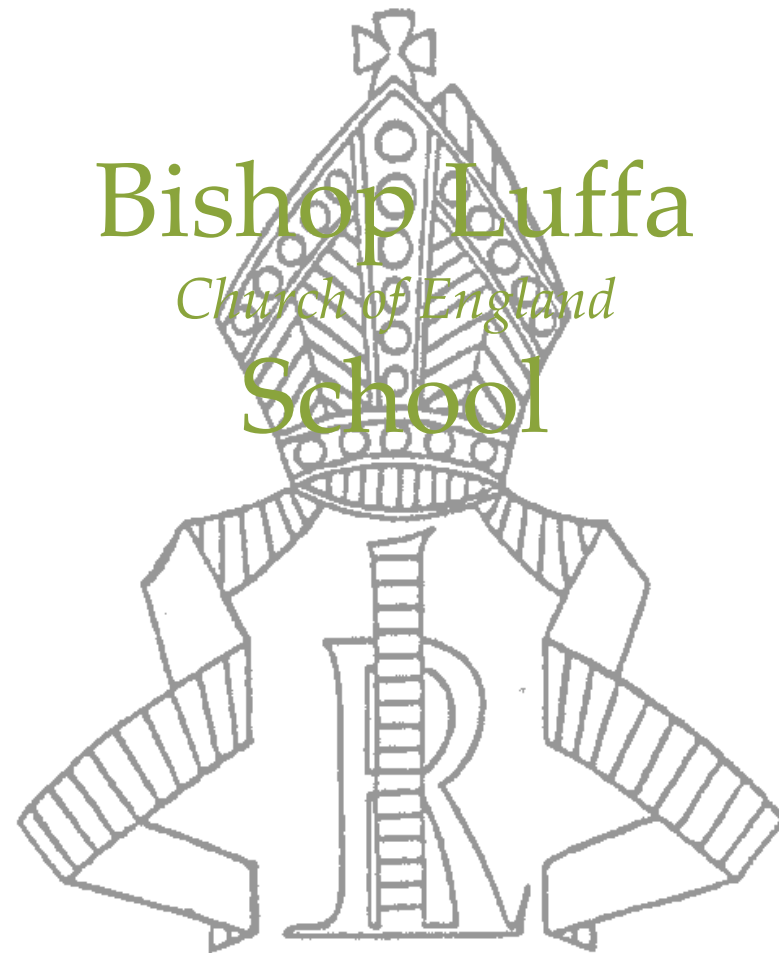
Letter/forms/information available from Sixth Form Office



Follow us on Instagram!

@bishopluffa_sixthform





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Church of England

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